

AUSZEIT



SYMPHONIE

BIO - WELLNESS - SPA



Massages
Organic Cosmetics
Wellness

arrive

feel good

regenerate

relax

be cared for

Massages

Back Massage / Part Massage

The suitable treatment in order to get to know our work.

25 min. 45 €

Gold-Silver Oil Massage

This is pure luxury for your skin! A mixture of the most precious and pure natural oils associated with real alchemistic gold or silver rounded with delicate and subtle flavors are a pleasure for the whole body.

50 min. 85 €

80 min. 125 €

Argan Oil Massage

Spoil your skin with one of the best skin care oils. Its fruit grows only in one place in the world and is traditionally made by Berber women.

50 min. 85 €

80 min. 125 €

Aroma Massage

„Time to relax“: even Cleopatra already appreciated to enjoy delicious, natural fragrances and pure oils.

25 min. 45 €

50 min. 75 €

80 min. 110 €

Cocoa Butter Massage

For the special skin care, a treatment with our premium cocoa butter.

50 Min. 80 €

80 Min. 115 €



Massages

Age-Protect-Massage

The pomegranate oil and the argan oil contain vitamin E, the secret for a longterm and young appearance.

50 min. 85 €

80 min. 125 €

Cosmetic Lymphatic Massage

Sometimes less is more: that's an old and well-known wisdom. And that's how the cosmetic lymphatic massage works: gentle and soothing.

25 min. 45 €

50 min. 75 €

Foot Reflex Zone Massage

Your feet are the body's mirror and therefore reflecting its actual state. Spoil yourself and your feet with an all in all foot reflex zone massage. They will thank you.

40 min. 55 €

Gemstone Massage

Experience „the world of precious stones“ in duet with the finest corresponding oils.

25 min. 50 €

50 min. 80 €

80 min. 115 €



Ayurveda-Massages

Herbal Stamp Massage

An Ayurveda treatment, becoming a feast for the senses: Due to the combination of marvellously fragrant herbs, spices and oils as well as cozy warmth, this application will be an unforgettable experience.

80 min. 140 €

Marma Acupressure Massage

...is the Ayurveda name for a very gentle technic, which brings your interior beauty to a new shine again.

25 min. 50 €

Garshan Massage

...is an ayurvedic silk glove massage. First of all, it has a great cosmetic peeling effect and increases the skin's circulation. Secondly your skin is beautifully cared by a gentle massage with a marvellously fragrant aroma oil.

50 min. 90 €



From all around the world

Shiatsu (after original TCM)

A form of manual, energetic meridian work on clothed body, developed in Japan by Masunaga.

50 min. 90 €

80 min. 125 €

Symphonic Foot Ritual

Wellness footbath, foot massage and leg massage with hot stamps. You never experienced anything you could compare to this treatment before. It is a relief for your feet.

50 min. 90 €

Russian-Tibetan Honey Massage

An element of Russian and Tibetan tradition. We are only using a special, natural honey.

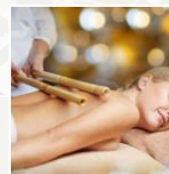
40 min. from 65 €

Bamboo Massage

This massage technique comes from Siam and has a several centuries old tradition. Enjoy one of the rarest styles of massage, which also can be performed on a fully clothed body.

50 min. 90 €

80 min. 125 €





From the Region

Hildegard von Bingen raved already about the grapes, the oils and the good wine, as means which can help preserve the youth and beauty. For our applications only genuine products are used. This is particularly important, so that they can develop their full effect.

Full Body Vino Treatment

leaves your skin feeling pleasantly silky

50 min. 85 €

Grape Seed Oil Massage

A massage with grape seed oil provides your skin with valuable OPC, which helps fight free radicals.

50 Min. 80 €
80 Min. 115 €



Alternative Treatments

Dorn-/Breus-Method

Beneficial for the joints, with a gentle massage.

50 min. 80 €

Pure Relaxation

Singing Bowl Massage

If you love the Tibetan bowls, and like listening to their harmonious sound, this application is just perfect for you.

40 min. 65 €

Reiki

Balancing the energy centers. After Dr. Mikao Usui

50 min. 65 €
80 min. 95 €

Progressive Muscle Relaxation after Jacobsen

is a common, very varied method of relaxation. You will be softly and gently guided into a state of deep relaxation.

25 Min. 35 €
50 Min. 70 €



Cosmetic Treatments

Face Treatments

Lifting Massage

Get to know the secret of Chinese beauty.

50 min. 85 €

Awa Aroha

...means „Flow of Love“ - it's the method of natural wrinkle smoothing with Living Nature.

50 min. 85 €

Organic Express

Cleaning, skin analysis, peeling and mask matching to your skin type, incl. care advice.

Fresh and beautiful again in a few minutes!

25 min. 50 €

Organic Clearness

Cleaning, skin analysis, peeling, deep cleaning, adjustment of eyebrows, active substance ampoule and mask.

Care and care advice for people with combination skin.

55 min. 80 €

Organic Classic

Cleaning, skin analysis, peeling, deep cleaning, adjustment of eyebrows, active substance ampoule and mask.

Face, neck and cleavage massage. Care and care advice.

80 min. 115 €



Cosmetic Treatments

Time Out and Spoiling Treatment

A treatment, especially well coordinated with your individual desires. Allow yourself to relax! Unwind and enjoy the time for yourself!

110 min. 165 €

Beautiful Back

Acne treatment

For a beautiful back.

40 Min. 65 €

75 Min. 115 €

Care pack for the back

25 min. 50 €



From the Sea

Treatments with marine algae, sea fennel and other valuable ingredients. It's said marine treatments have a strong detoxifying effect; they also may be rich in trace elements. Use the power of the sea - you will be amazed!

Marine Time Out

Peeling, removing dead skin cells and preparing for the following pack.

50 min. 85 €

Marine Symphony

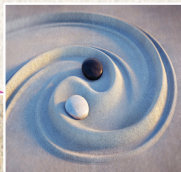
We start with a brush massage, followed by an algae pack matching your skin type. After a bath, this wonderful treatment is finished with a massage.

110 min. 165 €

Marine Freshness

This treatment is the ideal choice in order to remove any blockades in your tired legs. A tightened administration with cold compresses and premium algae extract. This treatment is designed to support the blood circulation and lipid catabolism.

incl. short foot massage 50 min. 85 €



Aroma Wraps

Pure Harmony

A combined body and facial application. A natural experience for all senses. Release from everyday, immerse yourself, relax and drop to awaken in pure harmony.

140 min. 195 €

You Want to Drop Out!

A refreshing, stimulating treatment system with the smell of fresh coconuts. Your skin will be refreshed, nourished and cared by a body package, a coconut oil bath and a relaxing massage.

110 min. 165 €

Stress, Please Fade

Allow yourself to forget your daily life and allow your skin an additional moisturizing skin care. This beauty ritual consists of a peeling, an amazingly smelling herb package, a corresponding care bath and a relaxing massage.

110 min. 165 €

Sweet Temptation

The world has known the great effects of chocolate producing happy hormones. Its enjoyment lets us go into raptures and forget our daily life. As a skin care, it has a stimulating and strengthening effect. The treatment comprises a peeling, a care bath and a body package for a part of your body, rounded down by a massage.

110 min. 165 €



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**Appointments
must be scheduled in advance!**

Appointments not cancelled up to 24 hours before
will be regularly charged.

Thank you for your understanding.

Our treatments are no substitution for medically
necessary measures. Facing high-risk health problems,
please consult a doctor first.

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